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DIABETES SPECIALTY REFERRAL

Patient Information

Patient's Last Name _____ First Name _____ Middle _____

Date of Birth ____/____/____ Gender: Male Female

Address _____ City _____ State _____ Zip Code _____

Home Phone _____ Other Phone _____ E-mail Address _____

Health Insurance Carrier _____ Member ID# _____

Diabetes Consultation and Medication Management

Diabetes self-management education and training (DSME/T) and medical nutrition therapy (MNT) are individual and complementary services to improve diabetes care. Both services can be ordered in the same year. Research indicates MNT combined with DSME/T improves outcomes.

Diabetes Consultation and Medication Management

- Prediabetes
- Pre-pregnancy
- Postpartum
- Type 1 DM/T2 DM
- Intrapartum

Diabetes Self-Management Education Training (DSME/T)

- Initial group DSME/T
- Follow-up DSME/T
- 10 hours
- 2 hours

DSME/T Content

- Monitoring Diabetes
- Diabetes as Disease Process
- Nutritional Management
- Physical Activity
- Psychological Adjustment

Patient w/Special Needs Requiring Individual (1 on 1) DSME/T

- Vision / Hearing
- Cognitive Impairment
- Language
- Physical

Complications/Comorbidities

- Hypertension/Stroke
- Kidney Disease
- Dyslipidemia
- Pregnancy
- Neuropathy/Retinopathy
- Obesity
- CHD/PVD

Signature & NPI # : _____ Date: ____/____/____

Group/Practice name, address, and phone: _____